



## Artemis Room Daily Routine

7.30 - 9.00 am	<b>Planned morning learning activities</b> - The learning environment is created in response to children's interests and emerging points of learning. The children can select which activities they would like to engage in indoors & outdoors. Nappy changing and toileting occur during this time.
8.50 am	<b>Introductory Yarning Circle</b> - The children will be encouraged to help pack away/tidy up the learning environments and prepare for our morning yarning circle. The yarning circle will start with our Inanay song, leading into our Acknowledgment of Country.
9:00- 10:00 am	The children will transition to wash their hands and begin progressive morning tea in small groups of four children. <b>Morning tea</b> is an opportunity to support social skill, independence and healthy lifestyle choices.
9:00 – 11:15 am	Children are given the option to engage in indoor or outdoor learning experiences, creative arts and sustainability classes. During this time, the children are also given the option to participate in intentional teaching session, based on topics relating to their current educational program. These sessions are with 4-6 children, focusing on each child's development. During this time, sunscreen is reapplied and nappy changing and toileting occurs. <i>On Monday &amp; Thursday the children participate in sports classes run by the external provider Ready Steady Go.</i> <i>On Friday the children participate in yoga classes run by Suzanna from the Yoga Garden.</i>
11.15am	As we prepare for lunch, the children transition with story time, discussions on the importance of oral hygiene and wash their hands for lunch.
11:30 - 12:30pm	Lunch time! Discussions occur about healthy nutrition and oral hygiene.
12:30 – 2:30pm	Children enjoy a quiet nap time/rest. For those children who do not sleep, they are encouraged to rest their bodies whilst reading or doing yoga and then participate in quiet learning experiences.
2:00 – 2:45pm	The children wake up from their sleep and engaging in planned learning experience either indoors or outdoors. During this time, sunscreen is reapplied and nappy changing and toileting occurs as each child begins to wake.
3:00 – 4:00pm	The children enjoy progressive afternoon tea, and depending on the weather, this may be a picnic outside.
3:00 - 5.30pm	Children are given the option to engage in indoor or outdoor learning experiences, creative arts and sustainability classes. During this time, sunscreen is reapplied and nappy changing and toileting occurs.
5:30 – 6.00pm	Late Snack is offered to the children and the children help pack away their environment and put the chickens to bed for the evening.
6:00 pm	Centre Closes